



Tele-Help IN 3 SIMPLE STEPS

For Your Mental and Behavioral Health

(Smart phone, tablet, or computer accessible)

- 1** Contact us at 702-888-6300 or email refer@ucfnv.org.
- 2** We will send you electronic forms to sign.
Sign on your phone/email.
- 3** We will text/email you with your appointment and link to join the Telehealth session with a licensed professional counselor.

Remember, there is no out of pocket cost!

Stay Home – Stay Healthy!



WWW.UCFNV.ORG