

## Children and Youth with Special Health Care Needs (CYSHCN)

The health care needs of adolescents are diverse. Some conditions are severe, while others are mild to moderate. It is important for **all** children to have timely health visits, including screenings. Early identification of special health care needs, which might require more frequent services and additional support, are generally covered by most insurance plans. For more information visit: <https://ciswh.org/projects/the-catalyst-center/info/>.



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*Yearly visits are important because medical, dental, or behavioral health problems can be discovered before your teen feels sick or develops a life-threatening complication. For more information:*

*Bright Futures — Resources for Families (<https://www.aap.org/en/practice-management/bright-futures/bright-futures-family-centered-care/bright-futures-resources-for-families/>)*

*Transition to Adult Care — For Parents and Youth: Questions to Ask Your Provider*

- <https://www.gottransition.org/resourceGet.cfm?id=441>
- <https://www.gottransition.org/resourceGet.cfm?id=440>

*The Office of Population Affairs — Adolescent Health (<https://www.hhs.gov/ash/oah/tag/for-families.html>)*

*Information about Health, Growth, and Emotions for Teens (<https://kidshealth.org/en/teens>)*



Nevada Department of Health and Human Services  
<http://dhhs.nv.gov/>  
Call: 775-684-4000

## Does Your Teen Need Health Coverage?



### Teens Need Yearly Checkups *(a covered health insurance benefit)*

- Physical exams
- Nutrition checks
- Dental care
- Vision screenings
- Immunizations
- Mental/behavioral health and other wellness screenings
- Information on how to stay healthy



## Who can I see to receive health care?

- **You will need to find a provider who accepts your insurance.**
- **Call the number on your insurance card to find a provider who takes your insurance.**
- **Always bring your insurance card and immunization record to each appointment.**
- **Remember to renew your plan every year.**

*The Nevada Office for Consumer Health Assistance, also referred to as OCHA, assists Nevadans in resolving their health care related issues, including health plan issues.  
Call: 1-888-333-1597*

## Nevada Insurance Types

**Medicaid** – Your family may be eligible if your household income qualifies, but eligibility varies by family size. Enrollees are not required to pay any charges for covered services.

**Nevada Check-Up** – If your family income is too high for Medicaid, you may qualify for Nevada Check-Up. The only cost to enrollees is a quarterly premium, determined by family size and income. American Indian or Alaska Native children are exempt from quarterly payments. Enrollees are not required to pay any charges for covered services.

**Individual/family** – If your family income makes you ineligible for Medicaid or Nevada Check-Up, you may qualify for other insurance coverage on Nevada Health Link. Most plans have monthly premiums, co-payments, and other charges for covered services.

**Check types of coverage for which you can apply:**

*Division of Welfare and Supportive Services*

[https://  
accessnevada.dwss.nv.gov/  
public/landing-page](https://accessnevada.dwss.nv.gov/public/landing-page)

*Nevada Health Link*

[https://  
www.nevadahealthlink.com/](https://www.nevadahealthlink.com/)

