

\$0 online therapy available for *all* *students*



Did you know? We're open throughout school breaks! With Hazel, your child or teen has access to free therapy this winter break and beyond. Breaks in learning or routine can disrupt a student's emotional well-being, but mental health support can provide the tools they need to stay resilient and thrive.

How It Works: Your child or teen can get help with academic stress, anxiety, or managing difficult emotions or relationships—to help them feel their best.

- **Expert Support:** 1-on-1 counseling from a professional therapist
- **Fast and easy:** No long waiting lists or doctor referral needed
- **Proven to work:** 80% of students improve after six sessions
- **Cost?** Free for all students



HOLIDAY HOURS

Online Therapy:
9 AM - 7 PM
local time

**Therapists are
off on:**
12/24, 12/25, 1/1



Schedule your child's first visit by scanning the QR code or going to getstarted.hazel.co.

\$0 medical visits available for all students



Too cold outside? Need reliable medical support without stepping outside?

Hazel Health is here to help! All students enrolled in our school can access **free online medical visits** with providers, ensuring reliable support and care **throughout all winter break.**

Get fast medical attention from Hazel's board-certified clinicians for a variety of common issues:

Colds/flu

Allergies

Sore throat

Asthma

Fevers

Stomach aches

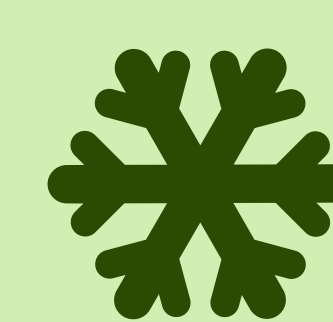
Rashes

Ear pain

Skin issues

Headaches

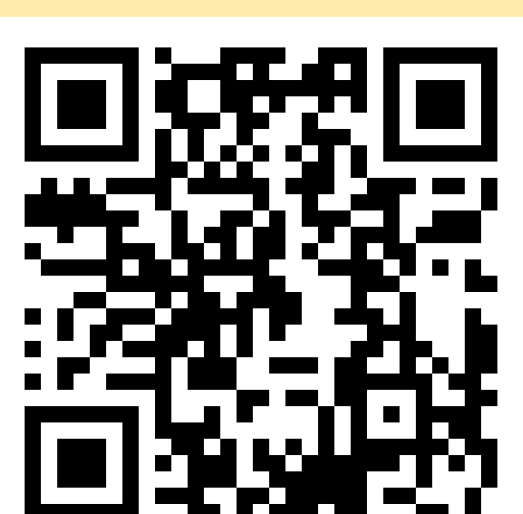
... and more



HOLIDAY HOURS

Hazel visits are available M-F except on 12/24, 12/25, 1/1

After you submit an appointment request, a team member will contact you to schedule a time that works best.



Sign up for your school's \$0 telehealth program today!